# Leading Large Scale Improvement: Global Lessons

**Pedro Delgado** Head of Europe and Latin America, Institute for Healthcare Improvement <u>www.ihi.orq</u> @pedroIHI





#### **PREVENCION DE OBESIDAD**

<u>Aim</u>: To eliminate sugar-sweetened beverages and increase water consumption in preschool classrooms by December 2012



# An engine: Model for Improvement





Langley, G.J., Nolan, K.M., Nolan, T.W, Norman, C.L., & Provost, L.P. (2009). *The improvement guide: A practical approach to enhancing organizational performance* (2nd Ed.). San Francisco: Jossey-Bass. P.24.

ENHANCING ORGANIZATIONAL PERFORMANCE

THOMAS W. NOLAN, CLIFFORD L. NORMAN, LLOYD P. PROVOS

#### PDSA Health – Obesity prevention Classroom Centro Parvulario **Plan & Do**

<u>Aim</u>: To eliminate sugar-sweetened beverages and increase water consumption in preschool classrooms by December 2012

**Ciclo 3**: Develop simple , child-centered measurement

**Ciclo 2:** communicate to parents that juices and soda are no longer permitted - send home beverages sent to school

**Ciclo 1:** Make a pitcher of water & individual cups available to children.





#### PDSA Health – Obesity prevention Classroom Centro Parvulario **Plan & Do**

<u>Aim</u>: To eliminate sugar-sweetened beverages and increase water consumption in preschool classrooms by December 2012

Ciclo 5: use plants to show scientific
benefits to drinking water over soda

Ciclo 4: Serve water with lunch

Ciclo 3: Develop simple , child-centered measurement

**Ciclo 2:** communicate to parents that juices and soda are no longer permitted - send home beverages sent to school

**Ciclo 1:** Make a pitcher of water & individual cups available to children.





#### PDSA Health – Obesity prevention Classroom Centro Parvulario **Plan & Do**

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# Context

## Prevalent

- Policies and guidelines
- Quality assurance
- Subject matter knowledge
- Marked hierarchies
- Paralysis by (retrospective) analysis

## Absent

- Transparency
- A (local and national)

actionable learning system

- Defined ambition (all too generic)
- Collective leadership
- Improvement skills

Celebration

# Gravitational pull of norms

(policies, assurance, hierarchies, subject matter knowledge)





'Capatee'





















# STOP infeção hospitalar!

UM DESAFIO GULBENKIAN





































# **1) Aim:** 50% reduction in 3 years (CLABSI, VAP, CAUTI, SSI)

#### 2) Content Theory

Driver Diagrams (per intervention; leadership)

#### **3) Execution Theory**

Logic Model

#### 4) Data Measurement & Learning

Measurement Plan

# 5) Dissemination

Dissemination & Scale Up

#### **Resultados:**

Direcionadores Primários:

algália o cuidado apropriado, oportuno, baseado em evidência e de forma confiável/sistemática??

Prestar aos pacientes com

Criar equipas multidisciplinares altamente efetivas e colaborativas, e desenvolver uma cultura de segurança

> Integrar pacientes e familiares na equipa e tomada de decisão

#### **Direcionadores Secundários:**

Implementar de forma confiável/sistemática os aspectos do cuidado listados abaixo, utilizando a bundle/plano de cuidado de prevenção de infeção urinária associada a algália:

- Avaliar sistematicamente a possibilidade de evitar o cateterismo vesical (Recomendação IB)

- Cumprir a técnica assética no procedimento de cateterismo vesical e de conexão ao sistema de drenagem (Recomendação IB);

- Cumprir a técnica limpa (Recomendação IB);
- Realizar a higiene diária do meato uretral (Recomendação IB)
- Manter cateter vesical seguro (Recomendação IB);

- Verificar diariamente a necessidade de manter cateter vesical (Recomendação IB).

Planeamento de cuidados efetivos, comunicação e colaboração da equipa multidisciplinar.

Envolver o paciente e família no estabelecimento de objetivos diários de cuidados

Promover comunicação transparente e aberta entre paciente, familiares e membros da equipa multidisciplinar

associadas a algália, nas unidades piloto, em 50% até Outubro de 2018.

Reduzir infeções

urinárias





Infection control teams. They count the job. One of the challenges: the frontline team ownership. Health care system has a strong hierarchy and physician centered.

# Data and Learning: progress assessment scale

Activities	2015			2016				2017				2018		
	Q2	Q3	<b>Q</b> 4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3
Design Period														
Pre-Work														
Collaborative Learning Sessions			LS1		LS2			LS3			LS4		LS5	
Collaborative Virtual Sessions														
Site Visits				SV1		SV2			SV3					
CMP Workshops											WS1		WS2	
CMP Virtual Sessions														
Progress														
Actual Progress*			1	2	2	3	3	4	4	4	4	4		
Expected Progress*			1	2	2	3	3	3	3	4	4	4	5	5
* Refer to Project Progress Scale														







#### STOP infeção hospitalar!

UM DESAFIO GULBENKIAN





Ortho surgery: 80%



## Portugal – 12 hospital systems, 3 years

# STOP infeção hospitalar!







Infections prevented since 2015

Mean	1710					
LCI	1153					
UCI	2335					





CLABSI COLLABORATIVE STOP INFECAO PORTUGAL

reduction











gência Nacional de ALBERT FINSTEIN Saúde Suplementar

GAP: EXCESS C-SECTION RATE PRIVATE (~85%) AND PUBLIC (~50%) SECTORS Lack of reliable measurement of adverse events, patient satisfaction and costs

PARTO ADEQUADO Intervention: Improvement Science; IHI Breakthrough Series (BTS) Collaborative – 18 months

#### AIM 1.

Increase % of vaginal births from 21.5% baseline to 40%. Achieved 38% in 18 months of collaborative work.

26 Pioneer Pilot Hospitals (22 private; 4 public)

% Vaginal Birth



#### **2. CONTENT THEORY**

4 Primary Drivers (contextualized evidence base)



1. Coalition of key

stakeholders

aligned around

quality and safety







Data and improvement infrastructure to support learning

#### **3. EXECUTION THEORY**



2. Empowerment of 3. New care models to pregnant women to accommodate the ensure readiness longer time frame of for vaginal delivery normal physiologic birth

**4. MEASUREMENT** 

Monthly Data Input on **IHI Extranet Platform for** Key Collaborative Indicators:

1.% Vaginal Births (Pilot population as defined by hospitals) 2.% Vaginal Births (All pregnant women) 3. Adverse Events Rate 4. NICU Admissions 5. Patient Satisfaction 6.Costs

#### **5. COMMUNICATION**

- Conferences Scientific Publications Press Releases Social Media **Blog Series** Multimedia
- Select Tor 1S1: Learning Sessio AP: Action Period Supports: Email • Visits • Phone Conference • Monthly Team Reports • Asse P-D-S-A: Plan-Do-Study-Ac

Bright Spot private and public high performers identified and selected geographically to lead test of scale as Hubs in phase 2





# Learning Session 5

Celebrating pilot achievements and setting the stage for test of scale



## **Coopetition in Brazil**





**119 Public** hospitals collaborative to reduce CAUTI, CLABSI, VAP – good early signs















Identify the needs of the customer/ population

Develop service models to meet Quality the needs

Put in place structures and processes to manage the service

Identify clear measures of quality for the service, and monitor these over time.

Take corrective action when appropriate contr.

Internal vigilance to hold gains made through improvement

Identify what matters most

improvement Design project and bring together a diverse team

Discover solutions through involving those closest to the work, test ideas, implement and then scale up

Onal assuration Periodic checks to ensure the service is meeting the needs of the customer/population

Actions to address gaps identified





## In the past week, how many of you...

- Skipped a meal?
- Ate a poorly balanced meal?
- Worked an entire shift without any breaks?
- Changed personal/family plans because of work?
- Arrived home late from work?
- Drank too much coffee?
- Slept less than 5 hours in a night?



# Work in healthcare is...

- Physically demanding
- Emotionally draining
- Intellectually challenging





# Joy and Resilience

Take care of yourself

Teach empathy and caring by your actions

Take care of each other

# You can't give what you don't have.

If you could break or change any rule in service of a better care experience for patients or staff, what would it be?









## Key lessons

## Not enough (alone)

- Policies and guidelines
- Quality assurance
- Subject matter

knowledge

### **Essential**

- Transparency
- A learning system
- Defined ambition
- A method
- Collective leadership
- Celebration

## Avoid the gravitational pull of norms

- Don't bar; don't RAG; don't pie. Plot
- Do Joy
- Break the Rules

Gracias... pdelgado@ihi.org @pedroIHI www.ihi.org